

Haines Assisted Living, Inc.

P.O. Box 916 Haines, Alaska 99827
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| ASSISTED LIVING | MONTHLY RATE* |
|---|----------------------|
| STANDARD ROOM & BOARD for the 440-sq. ft. apartments | \$1,500.00* |
| PERSON ROOM & BOARD for the 568-sq. ft. apartments. Add \$500 for an additional tenant. | \$2000.00* |
| ASSISTED LIVING SERVICE FEE (Per Person) | \$4,000.00** |
| MODERATE CARE: Additional charge for residents that require moderate assistance or above with one to three Activities of Daily Living (ADLs, see details below) | \$300.00 |
| MAXIMUM CARE: Additional charge for residents that require moderate assistance or above with four or more Activities of Daily Living. | \$500.00 |

* Rates do not include private telephone, cable, or Internet

** For residents accepted through the Medicaid CHOICE Waiver, HAL accepts the allowable/negotiated rate.

INCLUDED SERVICES and AMENITIES

- ❖ Three balanced, nutritious meals and snacks daily with efforts made to accommodate special dietary preferences and needs served in a spacious combined kitchen/dining area.
- ❖ Access to pleasant and spacious common household areas and sun room, providing stunning views and natural light through large windows and skylights; outdoor gardens, seating and walkways planned.
- ❖ Comfortable, bright, private, secure, ADA-compliant residences (unfurnished living area, bedroom, and bathroom) with:
 - all utilities included *except* cost of private phone, cable, and Internet (local phone, TV, public computer, and washer/dryer are available in common area);
 - ample closet space;
 - housekeeping assistance provided regularly as needed;
 - towels, linens and clothing laundered weekly or more often as needed.



- ❖ 24-hour assistance with activities of daily living (ADLs), as needed: walking, eating, dressing, bathing, toileting and transfer between bed and chair.
- ❖ Assistance with instrumental activities of daily living (IADLs), as needed: doing laundry, using public transportation, writing letters, obtaining appointments, shopping, using the phone, and engaging in recreational or leisure activities.
- ❖ Provision or arrangement for local transportation; off-street parking for up to one vehicle, if necessary.
- ❖ Registered nursing services:
 - providing training and oversight of staff for resident care;
 - medication assistance and management;
 - health promotion and monitoring, such as blood pressure, pulse, weight checks;
 - coordination, arrangement and ongoing evaluation of services provided;
 - coordination of referral for medical and dental care, as well as preventative care to minimize the need to leave the assisted living residence for care;
 - supervision and oversight for residents with cognitive disabilities;
 - coordination with hospice and other care providers.
- ❖ Emergency response systems, both resident-activated and building-activated.
- ❖ A variety of social, cultural, educational and recreational activities that include opportunities for socialization and wellness – including exercise – offered both within and outside the assisted living residence.
- ❖ Opportunities for spiritual growth will be maintained.
- ❖ Modeled after the *Elite Care* of Oregon vision which creates communities that honor and validate elders through:
 - Person-centered model of care, open building design, sustainable connection with nature, and supportive technology.
 - Elders directing their environment and contributing their wisdom and abilities to the community.
 - Supportive technology that enhances autonomy and relationships, while promoting living and health.
 - Viable communities which others seek to emulate.

